

Code of Conduct for Participants

As a member of HBS Revolutions you are expected to abide by the following club rules. These rules are set out so that we can offer all members the opportunity to have fun, whilst learning in a safe and happy environment.

- All members must at all times participate within the rules and respect coaches, judges and their decisions.
- All members must respect opponents and fellow club members. Bullying and unacceptable behaviour will not be tolerated.
- Members should keep to agreed timings for training and competitions unless agreed in advance by the club's manager or head coach.
- Members must let the club know if they are going to be late or unable to attend a training session by phone: 01462 459270 or email: hbsrevolutions@hitchinboys.co.uk
- Members must wear suitable sports clothing in all training sessions, no denim or clothing with toggles, zips or buttons which can get caught in the equipment. Hair that is long enough to cover the eyes must be tied back.
- Remove all body jewellery. (Newly pierced ears can only be taped for 6 weeks, then must be removed) Coaches will not be held responsible for jewellery or valuables it is therefore advisable to leave them at home.
- Block Fees should be paid in the 8th week of a 10 week block for the following 10 week block. Monthly payments must be paid on the 1st of each month.
- Missed sessions must be paid for.
- Members must Inform the coach if they wish to leave the gym, members must behave appropriately in the gym at all times.
- Members must not smoke, consume alcohol or take drugs of any kind during training or whilst representing the club at competitions or other events.
- Members should treat all equipment with respect.
- Members must inform the coach of any illnesses or injury they may have before the session commences.
- A sports bottle must be brought into the gym, snacks are permitted in designated areas & all rubbish must be disposed of.
- Members must not use bad language.
- Members should not use their mobile phones to record or take photos whilst they are in the gym. We encourage all members to leave valuables at home, as the club will not take responsibility for any loss or damage.
- Members should remain inside the centre at the end of a session until collected by a parent/carer.