

Covid-19 – Keeping our Members, Families and Coaches Safe.

COVID-19 POLICY

All gymnasts and parents will be asked to read and confirm they agree to this policy before attending any indoor sessions. It is vital we have your agreement on this policy. Please access your Love Admin account and tick the Covid-19 Policy box

1. We ask all gymnasts, Parents and coaches, to reschedule sessions if they currently have symptoms consistent with COVID-19, live in a household with somebody with current symptoms or have been in contact with somebody with suspected or confirmed COVID-19 within the last 14 days. Please follow government guidance on isolation. If you have any symptoms of corona virus you should arrange a test by visiting <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/>

2.

Covid Positive Case Reporting

We have been advised by Public Health Hertfordshire that we must report all positive cases within the Club to the local environmental health department and Hitchin Boys' School. Should your child have a covid test that comes back as positive, we will require the following information to be emailed to jnewman@hitchinboys.co.uk.

Members Full Name and DOB

Date of onset of symptoms

Type of symptoms experienced

Date of Covid Test

Date of positive test result

Date the member was last at the Club

How they travelled to the Club on that day and who with.

3. Sessions are staggered with 30 minutes gap in between. This is to allow us time to clean and sanitise kit/area before the next session. This also prevents gymnast crossover. Please maintain social distancing before and after sessions.

4. Reduced equipment in use to keep everyone as safe as possible creating more space and reducing touch points in the gym.

5. We ask all gymnasts in the shielded/vulnerable group to not attend face to face sessions and classes as we are uninsured to coach you. You are able to train virtually only with us. We are happy to offer virtual training to ensure you are safe and we are insured to offer this to you. It is your responsibility to inform us if you fall into this category.

6. Please arrive no earlier than 5 minutes before your session time. Gymnasts arriving more than 5 minutes late for their session will not be able to access the hall. Please ensure you do not leave until you know your child has been welcomed into their session.

7. Collection must be done in person for all primary school age children. Please can all parents ensure they wait in the designated exit area until one of our coaches brings all the children outside. If a child is not collected from this area they will be looked after in reception and contact will be made with the parent over the phone. Secondary School age children may leave on their own providing written permission is emailed to the club.

8. All Coaches are following guidelines laid down by British Gymnastics & Public Health England. We will be following strict social distancing guidelines throughout all sessions. Coaches will not be catching or supporting gymnasts at this time, this will mean sessions will focus on the basics working up to skills the gymnast is able to do unsupported.

9. If you have an accident, or require first aid we will administer it and this will require close contact. You must agree to this or we cannot train you and cannot be held responsible for any Covid risk associated to this. We will of course ensure we minimise risk where possible and treat wearing full PPE.

10. Our viewing gallery is currently closed to the public. Only members and coaches actively participating will be allowed entry.

11. We will be asking all gymnasts to wash their hands using the hand sanitiser provided before, during and after each session.

12. You agree to us logging your attendance at all sessions, to be used in trace and track should we be required if someone develops symptoms. You will be logged in via Love Admin for classes.

13. If you are going on holiday and you are subject to new quarantine restrictions you must ensure you let us know and do not attend sessions during this time.

14. We are currently operating a cashless system. Payments can only be made via Love Admin or by Childcare vouchers. Please note the tuck shop is closed.