



# **HBS Revolutions**

Trampoline, DMT & Gymnastics Club

## **Anti-Bullying Policy**

*In this document, the term 'bully' is taken to include both individuals and groups.*

### **Introduction**

The Club's aim is to work towards an environment in which no bullying takes place and to reinforce the view that bullying in any form is unacceptable. If bullying is detected then those who are bullied will be supported; those who bully others will be dealt with accordingly.

### **What bullying is**

*Bullying is the wilful, conscious hurting, threatening, frightening or distressing of someone else, by a pupil who has some sort of power over the victim.*

### **Examples of bullying might be:**

An older or stronger child bullying a younger or weaker one. A group of pupils bullying a single child.

The systematic victimisation of a gymnast or deliberate/casual mistreatment. In some cases the victim will be known to the bully but not always.

Such victimisation or mistreatment may take the form of:

- name-calling
- teasing of a destructive nature
- insulting of the gymnasts or members of his family
- spreading false rumours
- ridiculing of the pupil in any way
  - cyber-bullying i.e. using technology such as social media sites, mobile phones or gaming sites
  - homophobic bullying i.e. behaving or speaking in a way that makes someone feel bullied because of their actual or perceived sexuality
- alienation or isolation of the gymnast
- extortion of money or property
- damaging, destroying or taking away the victim's property
- acts of aggression or physical abuse on whatever scale
- other malicious acts
- inciting of others to indulge in any of the above

- standing by and doing nothing whilst knowing that any of the above is happening or has happened
- other threats.

### **The Club's attitude towards bullying**

HBS Revolutions will not accept bullying of any kind.

Gymnasts and their parents are encouraged to report all allegations of bullying to the Club.

All alleged acts of bullying will be investigated.

### **The Club's treatment of bullies**

All acts of bullying will be regarded as serious offences. All cases of bullying will be recorded.

The parents of the bully will be informed and appropriate action will be decided upon.

The bully may be asked to permanently leave HBS Revolutions.

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Hitchin Boys' School Sports Centre  
Grammar School Walk, Hitchin, Hertfordshire, SG5 1JB

Tel: 01462 459270 Email: [hbsrevolutions@hitchinboys.co.uk](mailto:hbsrevolutions@hitchinboys.co.uk)

Website: [www.hbssportscentre.co.uk/hbs-revolutions](http://www.hbssportscentre.co.uk/hbs-revolutions)

Facebook: @hbsrevs Insta: hbsrevolutions Twitter: @HBS\_Trampoline